



## Knowledge is Power: The basics in becoming a Self-Advocate in Your Care

Helping patients become informed, confident decision-makers in their care.

**JULY 20, 2025**

Session Topic	Session Description	Speaker	Time Limit (inc.Q&A)	PT	MT	CT	ET
<b>Welcome &amp; Opening Remarks</b>	A welcome to the 8th annual Sarcoma Exchange	The Sarcoma Alliance	10 mins	9:00	10:00	11:00	12:00
<b>Self Advocacy - What is it &amp; Why it Matters</b>	An introduction to self-advocacy in cancer care—what it means, why it’s essential, and how to develop key skills like confidence, communication, and decision-making. Learn how to step into the role of CEO of your care team and become an active participant in your treatment journey.	Veronica Panagiotou, PhD. National Coalition for Cancer Survivorship	35 mins	9:10	10:10	11:10	12:10
<b>Understanding Pathology Best Practices &amp; Its Role in Your Care</b>	A practical guide to understanding your pathology report, including what to look for, what questions to ask, and how to advocate for sarcoma-specific best practices in pathology	Sarah Dry, MD Professor & Chair Department of Pathology & Laboratory Medicine	30 mins	9:45	10:45	11:45	12:45
<b>Making Sense of Radiology &amp; Scans</b>	This session will help demystify radiology reports and scan schedules and give you the tools to ask informed questions and engage confidently with your care team.	Dr. Gross, UCLA	30 mins	10:15	11:15	12:15	1:15
<b>BREAK</b>			15 mins	10:45	11:45	12:45	1:45
<b>From Possibility to Participation: Making Informed Decisions About Clinical Trials</b>	Overview of what clinical trials are, how they work, myths and facts, and how to determine if one might be appropriate for your situation.	Dr Nakazawa, MD Anderson	30 mins	11:00	12:00	1:00	2:00
<b>From Innovation to Integration: Understanding the Role of AI in Patient Care</b>	An introduction to how artificial intelligence is being used in healthcare—from diagnostics to personalized treatment planning—along with common myths and facts, real-world examples, and guidance on how to evaluate if and when AI-supported tools might be part of your care journey.	Nizar Allibhoy, Kerry Care	30 mins	11:30	12:30	1:30	2:30
<b>Patient Panel - Advocacy In Action</b>	Hear directly from sarcoma survivors about the moments they had to speak up, make tough calls, or challenge the status quo.	Patient cohort	30 mins	12:00	1:00	2:00	3:00
<b>Closing Remarks</b>	A recap of learnings, inspiration from the day, and ways that you can get involved.	The Sarcoma Alliance	10 mins	12:30	1:30	2:30	3:30